

| Date | Event Name | Location | Depart | Start |
|----------------|---|---|---------------|--------------|
| Sat 08/31/2019 | MS/V XC @ Cashton Invite | Cashton High | 7:00 am | 9:00 am |
| Thu 09/05/2019 | MS/V XC @ C.F.C. | Cochrane-fountain City High | 2:00 pm | 4:45 pm |
| Tue 09/10/2019 | MS XC @ Mel-Min | Melrose-Mindoro High | 2:30 pm | 4:00 pm |
| Thu 09/12/2019 | MS/HS XC @ G.E.T. (Ettrick Golf Club) | Ettrick Golf Course | 2:00 pm | 4:45 pm |
| Tue 09/17/2019 | MS/HS XC @ Neillsville | Levis/Trow Mound Recreational Area | 2:00 pm | 4:30 pm |
| Thu 09/26/2019 | MS/HS XC @ Westfield | PIONEER WESTFIELD HIGH | 1:30 pm | 4:00 pm |
| Mon 09/30/2019 | V XC @ Mel-Min | Melrose-Mindoro High | 2:30 pm | 4:00 pm |
| Tue 10/01/2019 | MS XC @ Mel-Min | Melrose-Mindoro High | | 4:00 pm |
| Fri 10/04/2019 | MS XC @ Cashton | Cashton High | 3:00 pm | 4:30 pm |
| Mon 10/07/2019 | V XC @ Luther | Maple Grove Venues | 3:00 pm | 4:00 pm |
| Sat 10/12/2019 | MS/HS XC @ Arcadia (Schulz Farm) | Arcadia High | 7:00 am | 9:30 am |
| Thu 10/17/2019 | V XC Conference @ Hillsboro (Spring Valley Golf Course) | Spring Valley Golf Course, Union Center | 2:00 pm | 4:00 pm |
| Sat 10/26/2019 | V XC Sectional @ WESTBY | Westby Area High School | 8:30 am | 11:30 am |